

West Michigan Endocrine 5060 Cascade Road, Suite C1 Grand Rapids, MI 49546 P: 616.255.9521 F: 616.255.9627 contact@westmichiganendocrine.com

Today's date (mm/dd/yyyy)					Primary Care Physician (PCP)								
				PATIEN	IT INFORM	MATION							
Patient's Legal Last Name:			First:				Middle:				Mr.	Ms.	
								Mrs.	Dr.				
Former Name:	DOB (mr	m/dd/yyy	y)	Age:	Male	Female	SSN (XX	XX-XX-XXXX)					
Street Address:		P.O. Box	:	Home P	hone:		Cell Phone:						
City:	X)	Zip Code	9:	Referred	rred By:								
Occupation:		Employe	er:					Employe					
Reason for clinic visit:													
				INSURAN	ICE INFOI	RMATION	I						
			Please g	jive insura	nce card	to the rec	eptionist	:					
Person responsible for bill:	/dd/yyyy	Address	(if differe	ent)	Home Phone (if different)								
Occupation:	Occupation: Employer:					Employer Address: Emp							
Is this person a patient here? Yes N				Is this patient covered by insurance? Yes							No		
Please indicate primary ins	urance:												
Subscriber's name:			DOB mm	i/dd/yyyy	Group N	umber:		Policy N	lumber:		Co-Payment:		
Patient's relationship to su	bscriber:	Self		Spouse		Child		Other					
Name of secondary insurat			Subscrib	per's nam	s name: G			Group No: Policy Numb					
Patient's relationship to su	bscriber:	Self		Spouse		Child		Other					
IN CASE OF EMERGENCY													
Name of local friend or relative:					Relationship to patient:			hone:		Work Phone:			
The above information is tr understand that I am finar	ncially res	onsible fo					Michigan				sician. I		
Patient/Guardian Signature							Date						

								SOCIAL							
Marital Status	Single		Marrie	d 🗌	D	ivoro	cec	l Ser	parated						
Occupation	Retired		Active		T	ype:									
Do you? (Check y	es or no a	and explai	n if yes		1										
Get exercise		No		Yes			٦	Hrs/Week:	Exercise Type:						
Use illegal drugs		No		Yes	-	<u> </u>		Frequency:	Туре:						
Consume alcohol		No	_	Yes		-		Ounces per week:							
Use tobacco curre	ently	No		Yes				Packs per day:							
Use tobacco past	:	No	_	Yes	-			Packs per day:							
· · · · · · · · · · · · · · · · · · ·								ST MEDICAL							
What medications, supplements and vitamins are your currently taking? Please list name, dose and frequency.															
1								7							
2								8							
3								9							
4								10							
5								11							
6								12							
Do you have any a	allergies/	reactions	? Pleas	e list reacti	ion	S									
1															
2															
Previous Surgerie	es/Dates:														
1	1							Date:							
2								Date:							
3	3							Date:							
4								Date:							
Problems for whi	ch you ha	ave seen a	physic	ian or have	e be	een t	tre	ated for:							
Diabetes		No		Yes			1	Year:	Туре:						
Thyroid Disease		No		Yes				Year:	Туре:						
Nodule/Tumor/Ca	ancer	No		Yes			1	Year:	Туре:						
High Cholesterol		No		Yes			T	Year:							
Stroke		No		Yes				Year:	Туре:						
High Blood Press	ure	No		Yes			1	Year:							
Heart Problem		No		Yes			ſ	Year:	Туре:						
Eye Disease		No		Yes			ſ	Year:	Туре:						
Kidney Disease		No		Yes			1	Year:	Туре:						
Other Medical His	story					<u> </u>	_								
								FAMILY							
Do any of your blo	ood relati	ves have o	or have	had any of	fth	ese	dis	seases or do any other	problems run in the family?						
Diabetes		No		Yes				Туре:							
Thyroid Disease		No		Yes				Туре:							
Nodule/Tumor/Ca	ancer	No		Yes				Туре:							
Heart Problem		No		Yes				Туре:							
Pituitary Tumor		No		Yes											
Stroke		No		Yes											
High Blood Press	ure	No		Yes											
High Cholesterol		No		Yes											
Other Family Hist	ory				_										

REVIEW OF SYSTEMS																
Place a check in any b	ox i	f yoı	u ha	ive had	l any of the f	ollowi	ng syr	nptom	is in the last 3 months:							
	Cor	nstit	utio	nal Sy	mptoms		_		Skin							
Activity change			Fatigue						Itching		New sp	pots				
Appetite change			Fever				Color Change		Changed spots							
Chills			We	eight c	hange				Pallor							
Diaphoresis						_	J									
Rash									Cardiovascular							
Wound					Hair change	es			Chest pain	nea/Shortness of breath						
Nail changes							L		Palpitations		Claudic	cation/Pain in legs				
		Ear	- No	ose - Tl	hroat						E	Breast				
Ear discharge			Rh	inorrhe	ea/runny nos	е			Breast lump	pain						
Hearing loss			Sn	eezing	l				Breast discharge		Breast mass					
Ear pain			So	re thro	at				Nipple changes		Breast	dimpling				
Tinnitus/ringing			Hc	oarse v	oice				Nipple discharge		Breast	changes				
Nosebleeds			Tro	ouble s	wallowing				Breast redness							
Congestion	Γ	Mouth sores					Breast swelling									
	Gastrointestinal								Genitourinary/Urinary							
Heartburn		Rectal pain					Difficulty urinating		Flank p	pain						
Nausea		Rectal bleeding				Dysuria		Menstr	rual problem							
Vomiting	Blood in stool				Incontinence		pain									
Abdominal Pain	nal Pain Bloating					Frequency	Frequency Sexual dysfunction									
Constipation	tion Burping					Frequent urination	Frequent urination Vaginal bleeding/discharge									
Diarrhea	ea Cramping															
Fecal Incontinence	Fecal Incontinence Gas															
				Eyes	1				Respiratory							
Eye discharge					Eye rednes	5			Cough	1_Г	Shortness of breath					
Eye itching					Light sensit	ivity			Choking		Chest tightness					
Eye pain	Visual disturbance			Wheezing		Sputum production/mucus										
	Snoring					Snoring										
		Мι	usci	uloskel	etal				Neurological							
Neck pain					Muscle pair	ı			Headaches		Seizures					
Back pain					Gait problems				Dizziness			Tremors				
Joint pain					Light headedness		Numbness / tingling									
Joint swelling				Edema / Swelling			Speech difficulty			Weakness						
									Loss of conciousness							
					Psychia	tric						Endocrine				
Depression			На	Illucina	ations		Ну	perac	tive		Adenopathy					
Suicidal ideas			Se	lf injur	у				r problems		Bruises Easily					
Anxiety			Sle	eep dis	turbance		De	ecreas	e concentration							

Please fill out the following section that pertains to your reason for receiving care at West Michigan Endocrine. (For example, if you are seeking care for Thyroid Disease, fill out only that section and leave the others blank.) If more than one section pertains to your care, please fill out both/all sections.

General Endocrinology Visit:

Welcome to West Michigan Endocrine. We are glad you're here. Endocrinology is the study of diseases associated with hormones and the organs that make them. For our patients who are coming to see us with issues related to the pituitary

any other condition not covered in the following sections, please fill out the information below.

What is the reason for your visit to an endocrinologist?

Do you have any specific questions for your provider?

Osteoporosis and other Disorders of Bone:											
What is your diagnosis?											
If you have osteoporosis, what treatments have you received? When Duration											
What doses of Calcium and Vitamin D do you take? How long have you taken them?											
Fracture History? Type		Туре				When					
Did either of your parents fracture a hip or ha	ve other f	ractures?		No			Yes		Type:		
For women, tell me your menstrual history:									-		
When was your last period? Did you have regular periods when you had them?											
Did you ever go through periods greater than 3 mo without getting a period?											
When was your last bone density?											
Did you ever take steroids (prednisone, dexar	nethason	e, hydroco	ortisone)	for longer	r th	ian 2 v	veeks?				
Do you have any of the following diagnosis of	r issues:										
Rheumatoid arthritis	Rheumatoid arthritis Kidney stones Problems with absorption									1	
Vit D Deficiency Chronic Diarrhea									-		
Anything else that you think we should know, please note it here:											
Do you have any specific questions for your provider?											

Thyroid Disease

Note to our potential thyroid patients. We practice traditional endocrinology. We spend a lot of effort getting to know you and your symptoms and then follow the Endocrine Society, American Thyroid Association and the American Association of Clinical Endocrinology guidelines to decide upon treatment strategies for you. We may consider armour/desiccated thyroid medication in some cases and bases dosage needs on TSH levels. We do not prescribe compounded thyroid hormone preparations. We do not check reverse T3 levels and do not routinely follow free

understand if this approach does not fit what you want for your thyroid management. There are many alternative medicine and naturopathic medicine providers in West Michigan if you would prefer an alternative approach to the management of your thyroid condition. Thank you.

What is your diagnosis?

Have you had any recent thyroid tests?		What were the results?						
Have you had a thyrid ultrasound?	Scan?		Uptake?	Radioact	tive lodine treatment?			
If yes to any of the above, please bring results to your appointment.								
Have you ever had surgery on your thyroid?	lf yes, wl	nere?	When?					
Have you ever taken thyroid medication?	lf yes, wl	nen did yc	Starting dose?					
	Current dose?							
Have you ever taken other types of thyroid hormone?								
For women, when was your last pregnancy?								
Are you planning to conceive within the next 12 months?								
Please indicate if you taking any of the following medications/supplements:								
Iron Iodine Kelp	Amiodar	Amiodarone Birth Control pills						
Estrogen Drugs for treatment of cano								
Do you have any specific questions for your provider?								

Type 2 Diabetes							
Welcome to West Michigan Endocrine. We are glad you're here. At this time, we are not seeing patients with type 1 diabetes or those							
When as your diabetes diagnosed?							
Who else in your family has diabetes?							
What was your last A1c?							
Do you follow a particular diet? Do you exercise?							
What type of glucometer do you have? When did you last see an eye doctor?							
Have you ever seen a foot doctor and if so when was your last visit?							
Do you have any specific questions for your provider?							